

# St John Church of Christ

September 12, 2021

Worship  
Service

Premiers  
Sunday at 11:00



## What Are You Worried About?

John McKeel

## Welcome to Worship!

We're glad you're here. Bible classes begin at 10:00. For kids, Pete & Penelope, our children's puppet program, is followed by songs and classes.

Join us this fall as we dig into the fascinating book of Revelation. Perhaps no other book of the Bible has been as abused at Revelation. Come learn how a better understanding of "apocalyptic literature" can open doors of insight into the last book of the Bible. Class begins at 10:00 A.M. with worship following at 11:00 A.M.

If you are unable to be with us in person, our worship is shared through our website:

[www.StJohnChurchOfChrist.org](http://www.StJohnChurchOfChrist.org)

Simply select "Sermons" from the menubar at the top, or click this link to visit our page on YouTube:

[St. John Church of Christ](https://www.youtube.com/channel/UCv1v1v1v1v1v1v1v1v1v1v1)



"The 2002 World Mental Health Survey found that Americans were nearly five times more likely than Nigerians to experience clinically significant levels of anxiety in any given year." <sup>1</sup> According to the National Institute of Mental Health, America is now officially the most anxious nation on the planet. More than 18% of adults suffer from a full-blown anxiety disorder in any given year.

What's wrong with us? One writer called it "flurry and worry." We are just too busy. Somewhere along the way we began believing "busyness is next to godliness," but just because our calendars are full doesn't mean we are living a full life!

On the other hand, Jesus too seemed to be overwhelmed at times. Mark described an occasion when Jesus "went

home, and the crowd gathered again, so that they could not even eat. And when his family heard it, they went out to seize him, for they were saying, 'He is out of his mind.'" (Mark 3:20, 21) Of course he wasn't either out of his mind or worried. Jesus was busy without being anxious. He often talked about this:

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds

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them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.

What was Jesus' secret for dealing with stress and anxiety? First, Jesus reminds us that God knows what we need (v.32). Don't doubt your Father's love! Second, make sure your priorities are in order (v. 33). Think about it: when chaos is swirling around us prompting fear, anxiety, and stress, your moral compass - putting God first - will guide you through the maelstrom. Finally, don't make it worse than it is by allowing the "if only" or the "what if" cloud your calm. Remember, Jesus said:

"Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble (v. 34).

### A Sad Note from Singapore

In a sad note, the Singapore government surprised everyone this week by closing down the country to "non-essential visitors." That included foreign teachers, so John McKeel's mission trip to teach at SIBI has been postponed for now.



## Key Dates

### Ladies' Retreat at Silver Maple

Friday, September 24 - Saturday, September 25, 2021 will be the dates for the annual Silver Maple Camp Ladies Retreat. Registration at the door begins at 4:30 p.m. Friday and supper will be served starting at 6:00 p.m. but the preferred and easy pre-registration and payments are online at [silvermaplecamp.org](http://silvermaplecamp.org).

This year's event is going to be fun,informative, and interactive! We can't wait for you to join us!

The cost is only \$50 (\$20 for Friday only - \$25 for Saturday only). RV hook-ups for an additional \$10.

There will be special missions and vendor tables set up for information and shopping. Shirts will also be available for purchase with the 2021 SMC Ladies Retreat theme.

Questions? call LeAnn Hodson at 620-842-2292.

### Save the Date!

The ladies of the Garden City Church of Christ invite you and your friends to join us Saturday, October 9<sup>th</sup> for a day of fellowship. Details are coming.

### Leisure Homestead

Join us every Sunday morning at 9:30 for prayers, songs, and a devotional with the residents at the assisted living center

### Birthdays & Anniversaries

- 9/14: Matt Gunter
- 9/17: Stan Aldrich
- 9/18: Marla Lyons
- 9/24: Devin Sizemore
- 9/27: Dena Mansel
- 10/3: Jakobe Gunter
- 10/4: Don Hornbaker
- 10/10: Adam and Cheyenne Anniversary
- 10/10: Chris Mansel
- 10/12: Teddy Gingrich
- 10/20: Carol Gingrich
- 10/22: Tara Kinnamon
- 10/24: Shelly Brensing
- 10/22: Teddy and Carol Anniversary

### Those Who Serve Today

- Song Leader .....Gary
- Communion ..... Teddy
- Announcements ..... Orrin
- Closing Prayer ..... TBA



## Prayer Requests

Terry and Joy are continuing to recover from covid, but it is a long-haul. Please remember them in your prayers.